

CARE FOR HORSES AND EXTERIOR FREE PRACTICE AUTHORIZED

Based on information received from the Government of Quebec January 7, 2021

In effect from January 9 to February 8, 2021

CARE FOR HORSES

Boarders can continue to provide essential care to their horses as long as they comply with the health instructions issued by the Government of Quebec, and, if applicable, the specific measures put in place within their stable by the manager.

SPORTS AND RECREATIONAL ACTIVITY

- **Sports and recreational activity, in free practice, is allowed outdoors only**¹. It must be limited to the family bubble or to people residing at the same address.
- **Lessons, both individual and group, are prohibited.** Activities in pair are also prohibited.
Exception: Concentration Sport programs, only on days of attendance at school, are allowed both indoors and outdoors.

CURFEW

- A curfew will be in effect from Saturday: between 8 pm and 5 am, it is forbidden for anyone to move outside their place of residence [...].
- The stable managers must enforce the curfew. Establishments must close at 7:30 p.m. Rappels à l'ensemble de la communauté

REMINDERS

- The biosecurity protocol is available on the Cheval Québec website: https://cheval.quebec/Download/COVID-19_biosecurity_protocol-2nd-wave-V2_7january2021_printQ.pdf
- Wearing a mask or face cover is mandatory **at all times** indoors for people 10 years of age and over. It is highly recommended for people from 2 to 10 years old.
- Managers must keep a daily register of the people present in the equestrian establishment (name of the person, contact details).
- The display of the maximum number of authorized people and health instructions is mandatory.

FOR MORE INFORMATION

<https://www.quebec.ca/en/health/health-issues/a-z/2019-coronavirus/confinement-in-quebec/#c81018>

<https://www.cnesst.gouv.qc.ca/salle-de-presse/covid-19-info-en/Pages/tools.aspx>

<https://www.facebook.com/FrancoisLegaultPremierMinistre/photos/a.407916555932047/3754215104635492/>

¹ An indoor arena is not considered an outdoor area for free practice.