

GOVERNMENTAL GUIDELINES

In effect from 3 May 2021 / Last Update: 28 April 2021

CARE FOR HORSES

Boarders can continue to provide essential care to their horses, including exercise as long as they comply with the health instructions issued by the Government of Quebec, and, if applicable, the specific measures put in place within their stable by the manager.

Consult the document concerning the special measures in effect in certain municipalities: <https://cheval.quebec/Download/COVID/Special-measures-2021.pdf>

TRAVEL

Movement from an orange or red zone to a yellow zone is prohibited

AUTHORIZED ACTIVITIES

RED ZONE

Outside

- Lessons and accompanied rides: limited to a group of a maximum of 8 people in addition to the coach/instructor. **Wearing a mask or a face covering is mandatory when 2 m social distancing cannot be respected.**
- Free practice: limited to a group of a maximum of 8 people plus a supervisor. **Wearing a mask or a face covering is mandatory when 2 m social distancing cannot be respected in the presence of individuals from a different household.**

Inside

- Essential care to horses only.

Sport concentration

- Practice / lessons: permitted within stable classroom groups in addition to the coach/instructor.

ORANGE ZONE

Outside

- Lessons and accompanied rides: limited to a group of a maximum of 12 people in addition to the coach/instructor. **Wearing a mask or a face covering is mandatory when 2 m social distancing cannot be respected.**
- Free practice: limited to a group of a maximum of 12 people plus a supervisor. **Wearing a mask or a face covering is mandatory when 2 m social distancing cannot be respected in the presence of individuals from a different household.**

Inside

- Lessons: Private or with occupants of the same household. **Wearing a mask or a face covering is mandatory at all times.**
- Free practice: limited to a group of a maximum of 8 people plus a supervisor. **Wearing a mask or a face covering is mandatory at all times when in the presence of individuals from a different household.**



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Sport concentration

- Practice / lessons : permitted within stable classroom groups in addition to the coach/ instructor;

Extracurricular activities

- Extracurricular activities permitted within stable classroom groups only (before classes, during lunch and after classes).

YELLOW ZONE

Outside

- Lessons and accompanied rides: limited to a group of a maximum of 12 people in addition to the coach/instructor;
- Free practice: limited to a group of a maximum of 12 people plus a supervisor.

Inside

- Lessons: limited to a group of a maximum of 12 people in addition to the coach/instructor;
- Free practice: limited to a group of a maximum of 12 people plus a supervisor.

Sport concentration and extracurricular activities

- Practice / lessons: permitted **outside** with a maximum of 12 students from the same school with the possibility of mixing stable classroom groups in addition to the supervisor.
- Practice / lessons: permitted **inside** with a maximum of 12 students from the same school with the possibility of mixing stable classroom groups in addition to the supervisor.

UNAUTHORIZED ACTIVITIES

Inside and outside

- ● ● Competitions;
- ● ● Presence of spectators.

CURFEW ● ● 9:30 p.m. to 5:00 a.m.

- ● Stable managers must enforce the curfew;
- ● The opening hours of practice sites, facilities and infrastructure will have to be adjusted to allow customers and employees to respect the curfew.



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REMINDERS

- The biosecurity protocol is available on the Cheval Québec website: https://cheval.quebec/Download/COVID-19_biosecurity_protocol-2nd-wave-V2_7january2021_printQ.pdf
- Wearing a mask or face cover is mandatory **at all times** indoors (all of Quebec) and outside when 2 m social distancing cannot be respected with individuals of another household (orange and red zones) for people 10 years of age and over. It is highly recommended for people from 2 to 10 years old.
- As far as possible, participants are invited to arrive ready to carry out their activity.
- Managers must determine the maximum number of people according to the reception capacity of a place or an infrastructure.
- Managers must keep a daily register of the people present in the equestrian establishment (name of the person, contact details).
- The display of the maximum number of authorized people and health instructions is mandatory.

FOR MORE INFORMATION

<https://www.quebec.ca/en/health/health-issues/a-z/2019-coronavirus/confinement-in-quebec/#c81018>

