

## OWNERS, MANAGERS OR PERSONS IN CHARGE OF STABLES OR EQUESTRIAN CLUBS (Employer)

### RISK MANAGEMENT

- ✓ Before all, the owner or manager of the stable must evaluate their offer of service (facility capacity, schedule, services), taking into account the capacity to respect or make employees respect the following sanitary instructions. While it is not possible to eliminate all contamination risks, it is important to minimize and control them.

### DISPLAY / INFORMATION

- ✓ Communicate with your clients ahead of time. Inform them of your registration, payment, cancellation and acknowledgement of risk policies.
- ✓ Favor electronic exchanges.
- ✓ Install displays about hygiene and physical distancing measures.

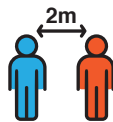
### BASIC PREVENTATIVE MEASURES

- ✓ Prohibit access to all indoor areas (stable, indoor arena, etc.) to people aged 12 and over who do not wear face covers. This rule does not apply when these people are involved in equestrian activities (riding or driving), taking part in day camps or seated in a viewing or rest area and the physical distance of 2m is respected.

**Note that wearing a face cover is strongly recommended but not mandatory for children aged 2 to 12.**

- ✓ Favor physical distancing between employees during work periods:


- Limit the number of people present for each work period;
- Establish a schedule that ensures different work teams will not meet;
- Identify a team of people for replacements.



- ✓ Exclude any symptomatic person from the workspace as well as any persons that have been in contact with a symptomatic person or a person that has been placed in isolation because of COVID-19.
- ✓ Inform parents, tutors, service providers, subcontractors and partners of prevention measures implemented at equestrian establishments to control risks associated with COVID-19 and raise awareness of how important it is for them to limit their movement on the stable grounds as much as possible.
- ✓ Activity zones can be reserved specifically for different groups, as a way to prevent contact between participants of these groups, either inside or outside.

Special attention should be given to spaces that work as bottlenecks (ex: bathroom entrance, exit, stairs, eating area, etc.) to avoid long lines of people gathered in the same place.

### CLEANING AND DISINFECTION

- ✓ Facilitate access to disinfecting products at key locations when possible. 
- ✓ Ensure proper operation and maintenance of the ventilation system.
- ✓ Establish a schedule for cleaning and disinfection.
- ✓ Provide bins or a space for material to disinfect separate from the space where clean material is stored.
- ✓ Provide no contact trash cans.
- ✓ Establish a communication system to indicate if the bathroom has been used.
- ✓ For the bathroom, when accessible, cleaning should ideally be done every 2 to 4 hours. For this measure to be effective, participants should be asked to wash their hands before using the bathroom and before exiting.
- ✓ Interpose the use of school horses with a period to wash the equipment and the horse with adapted products that do not produce undesirable effects on the horse. Using the same school horse more than once in a day must be done with caution.

TO LEARN MORE, CONSULT THE WORKPLACE SANITARY STANDARDS GUIDE  
FOR DAY CAMPS – COVID-19

[www.cnesst.gouv.qc.ca/salle-de-presse/covid-19-info-en/Pages/toolkit-day-camp-sector.aspx](http://www.cnesst.gouv.qc.ca/salle-de-presse/covid-19-info-en/Pages/toolkit-day-camp-sector.aspx)

**OWNERS, MANAGERS OR PERSONS IN CHARGE OF  
STABLES OR EQUESTRIAN CLUBS (Employer)**

**FIRST AID**

- ✓ Make necessary personal protective equipment available, including procedure masks and eye protection.
- ✓ Add gloves, procedure masks, eye protection, resealable bags and an alcohol-based solution containing at least 60% alcohol to first aid kits.
- ✓ Provide a place to isolate a participant that presents symptoms. The participant should be accompanied by only one employee and they should both wear a procedure mask until the participant leaves the room. The employee must then disinfect the room, remove their protective equipment using proper technique (CNESST) and wash their hands before returning to their other tasks.
- ✓ Offer employees training covering measures to follow linked to COVID-19.

**MAXIMUM SUPERVISION RATIO**

✓ **Day camps** <sup>1</sup>

3-4 years old / 1 counselor for 8 participants

5-6 years old / 1 counselor for 10 participants

7-8 years old / 1 counselor for 12 participants

3-4 years old / 1 counselor for 15 participants



In day camps, a physical distance of 1m must be maintained between children and 2m between adults and children. In addition, groups of 4 to 6 children, also called «bubbles», can be formed to allow them to exchange, play or work with each other without physical distancing. The recommended distance between the different «bubbles» in an indoor area is m. Wearing a face cover is therefore not mandatory unless the group is traveling to public places.

✓ **Lessons** <sup>2</sup>

1 instructor or coach for 8 riders

2 instructors or coaches for more than 8 riders

✓ **Guided equestrian tourism** <sup>3</sup>

1 guide / 8 riders: for rides at walk only or with experienced riders;

1 guide / 6 riders: for rides involving other gaits;

1 guide / 6 riders: for rides involving overnight stays.

**PROGRAMMING**

- ✓ Favor outdoor activities.
- ✓ Organize groups of participants and work teams to limit exchanges and contact.
- ✓ Keep the same counselor, instructor, coach, etc. for each group of participants.
- ✓ Limit rotations between spaces and ideally, plan for cleaning/disinfection between each group.
- ✓ Provide fixed rooms in case of bad weather or a cancellation policy.
- ✓ Select activities without material or direct contact.

<sup>1</sup> Camps du Québec (in French only)

<sup>2</sup> Règlement de sécurité – Enseignement et pratique de Cheval Québec (in French only)

<sup>3</sup> Règlement de sécurité – Équitation de plein air (Article 1.5.2) (in French only)

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## WORKERS

### RISK MANAGEMENT

- ✔ A worker must become familiar with the prevention program applicable to him and take the necessary measures to ensure his health, safety or physical well-being (ACT RESPECTING OCCUPATIONAL HEALTH AND SAFETY, article 49)

### PROTECTION

- ✔ If 2m of physical distancing is applied, it is not recommended for a worker to wear personal protective equipment (PPE) to protect from COVID-19.
- ✔ Workers in contact with participants, if tasks require contact within less than 2m distance of another person, must wear a mask and eye protection.
- ✔ Workers wearing necessary protections, regardless of contact with participants, must wash or disinfect their hands before approaching another person. A small pocket with disinfecting solution or wipes can be worn around the workers' waist to accelerate the process.

### SUPERVISION OF PARTICIPANTS

- ✔ Favor outdoor activities.
- ✔ Activity zones can be reserved specifically for different groups, as a way to prevent contact between participants of these groups, either inside or outside.
- ✔ Special attention should be given to spaces that work as bottlenecks (ex: bathroom entrance, exit, stairs, eating area, etc.) to avoid long lines of people gathered in the same place.



### CLEANING AND EQUIPMENT

- ✔ Limit the sharing of accessories, game material and professional devices:
  - Clean and disinfect collective equipment often or as soon as it is not in use;
  - Wash tools and equipment used by workers after each work period or when they must be shared;
  - Clean and disinfect visible stains on surfaces and objects immediately.
- ✔ Plan for frequent cleaning and disinfection of surfaces, especially the ones that are touched often.
- ✔ Clean or brush surfaces to remove all organic matter before disinfecting them.
- ✔ Do not share cleaning equipment with clients or service providers.
- ✔ Interpose the use of school horses with a period to wash the equipment and the horse with adapted products that do not produce undesirable effects on the horse. Using the same school horse more than once in a day must be done with caution.



#### Recommended products

- Alcohol-based solution containing at least 60% of alcohol;
- Bleach-based solution (1 part bleach: 9 parts water);
- Over the counter cleaning products containing hydrogen.

*Please read and apply the product manufacturer's recommendations for use.*

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## EQUESTRIAN SERVICES

### PHASE 1

#### RETURN OF HORSE OWNERS TO STABLES

DATE OF AUTORIZATION: 30 APRIL 2020

Horse owners have access to equestrian establishments to provide care to their horses. This includes general maintenance of the horse, grooming and exercise.

A biosecurity protocol was put in place so stable owners and managers could establish rules to follow when accessing their establishment. These included a rule to establish the maximum number of people allowed within stable grounds at one time.

### PHASE 2

#### RETURN OF EQUESTRIAN ACTIVITIES FOR INDEPENDENT RIDERS AND DRIVERS

DATE OF AUTORIZATION: 20 MAY 2020

Since the practice of individual outdoor activities is permitted, independent riders and drivers can practice equestrian activities in free practice session or in a practice session supervised by an instructor, coach, etc. outdoors or in a well ventilated indoor riding facility. This can be done in a group of maximum 3 riders/drivers accompanied by a supervisor in a practice area.

It is also possible to ride or drive on trails while respecting physical distancing measures of 2m at all times. Groups of 6 riders or drivers are permitted.

A biosecurity protocol was put in place so stable owners and managers could establish rules to follow when accessing their establishment. These included a rule to establish the maximum number of people allowed within stable grounds at one time.

### PHASE 3

#### RETURN OF EQUESTRIAN SERVICES FOR ALL CLIENTS

DATE OF AUTORIZATION: **DIFFERS ACCORDING TO THE SERVICE**

In this phase, **the current biosecurity protocols** are put in place to meet the requirements of Public Health officials for all types of clients and equestrian activities :

- Access to the stable for horse owners **(since 30 April 2020)**
- Free practice **(since 20 May 2020)**
- Practice supervised by a coach/instructor **(since 23 May 2020)**
- Trail riding **(since 20 May 2020)**
- Horse transport for recreational purposes **(Since 29 May 2020)**
- Equestrian Camping **(Since 1 June 2020)**
- Day Camps **(<https://campsquebec.com/mesures-covid19>) (starting 22 June 2020)**
- Equestrian lesson for independent riders offered by an instructor/coach **(starting 8 June 2020)**
- Equestrian lesson for beginner riders **(starting 8 June 2020)**
- Guided equestrian tourism **(<https://aeq.aventure-ecotourisme.qc.ca/covid>) (starting 8 June 2020)**
- **Face coverings must be worn for people 12 years of age and over at all times in indoor areas (starting 18 July 2020)**

Owners or managers of the stable must evaluate their offer of service (facility capacity, schedule, services), taking into account the capacity to respect or make employees respect the following sanitary instructions. While it is not possible to eliminate all contamination risks, it is important to minimize and control them.